

## PRINCIPAL'S MESSAGE



Principal  
Sarika Singh

**“If a child can't learn the way we teach, maybe we should teach the way they learn” - Ignacio Estrada.**

Students have pledged to be the custodians of their cherished institution and uphold its ideals. While providing the finest mentorship for excellence in academics, culture and aesthetics, MVP engenders the responsibility in each student to be the light for others, to lead fearlessly, and to lead with a conscience. The teachers of MVP have endeavoured to find the potential of each child, who is a born genius.

As children embark on journeys unto the unknown, we should fill their young hearts with courage and conviction. We must equip them with the skills and abilities. We should provide them an environment conducive to learning, imagining and achieving. We expect them to meet academic excellence, holistic development, and responsible citizenship.

Through the synergised efforts of teachers and parents, we should ensure that they soar to great heights and create a world full of peace and harmony.

## OVER ALL CHAMPIONSHIP



SBR Maheshwari Vidyapeeth crowned Champion of Tirangaa 2024 hosted by T.M.Patel International School, Surat.

## INTERSCHOOL COMPETITION (ART & CULTURE)

### FOUNTAIN HEAD SCHOOL



#### Artience Event

Secured 1st Position in Visual Arts



#### Kalakriti Event

Secured 1st position in Solo singing & 3rd position in group song



#### Kalakriti Event

Secured 2nd position in Rangoli Making Competition

### T.M.PATEL INTERNATIONAL SCHOOL



#### Tirangaa Event

Secured 1st position in "Swift sports challenge"



#### Tirangaa Event

Secured 2nd position in "Marketing Marvels"



#### Tirangaa Event

Secured 1st position in "Chrono Canvas"



#### Tirangaa Event

Received Gold Medal in "The Great Escape"



#### Tirangaa Event

Received Silver Medal in "The Great Escape"

### VASHISHTH GENESIS SCHOOL



#### Va-i-com

Secured 1st position in 'Crisis Management'



#### Va-i-com

Secured 2nd position in 'Vigyasan-Skit on Marketing Strategies'



#### Va-i-com

Secured 1st position in 'Sur Sangam'



#### Va-i-com

Secured 1st position in 'Vyaprash- Commerce Quiz'

## INTERSCHOOL COMPETITION (SPORTS)

### CHESS TOURNAMENT



**D.P.S.Tapi**  
Girls Team Became Champion  
Received Rotating trophy & Separate Trophy

**St.Thomas School**  
Navya Soni secured 2nd prize  
Received 1000/- Cheque & Trophy

### TABLE TENNIS TOURNAMENT



**L.P.Savani School,Vesu**  
Boys Team Became Champion  
Received Trophy & Medals

### YOGA COMPETITION



**Gujarat State Yoga Association, Talad, Olpad**  
Krishna Bhandari secured 3rd position in U-14/16 category  
Selected for Nationals

### KABADDI TOURNAMENT



**Sat Dham Vidyamandir**  
U-19 Girls team secured 3rd position  
Received Trophy & Medals

## CBSE CLUSTER

### KHO KHO TOURNAMENT (GUJARAT PUBLIC SCHOOL,VADODARA)



**U-19 Girls team secured 2nd position**  
Received Trophy & Medals



**U-17 Boys team secured 2nd Position**  
Received Trophy & Medals



**U-19 Boys team secured 3rd position**  
Received Trophy & Medals



**U-17 Girls team secured 3rd position**  
Received Trophy & Medals



**U-14 Girls team secured 3rd position**  
Received Trophy & Medals

### BADMINTON TOURNAMENT



**AnandalayaSchool, Anand**  
U-17 Girls team Became Champion  
Received Medals



**AnandalayaSchool, Anand**  
U-19 Girls team Became Champion  
Received Medals



**AnandalayaSchool, Anand**  
U-19 Girls team Became Champion  
Received Medals  
Selected for Nationals

### CHESS TOURNAMENT



**M.D.S. Public School,Udaipur**  
U-19 Boys team secured 2nd position  
Received Trophy & Medals  
Selected for Nationals



**Tanishq Maheshwari**  
1st winner of the board prize  
Under-19 Boys 4th Board.

CELEBRATIONS

INDEPENDENCE DAY



JANMASHTAMI



TEACHER'S DAY



ORIENTATION FOR STUDENTS



TRAINING PROGRAM FOR TEACHERS



RIDDLE

WHAT HAS A LOT OF TEETH BUT CAN'T CHEW A THING?

## EVENTS

### STUDENT COUNCIL



### TIRANGA YATRA



### SCIENCE EXHIBITION



## MVP ★ TALENT



Understanding on Teamwork



Favourite Sportspersons



Co-curricular activities  
Solo Singing



Co-curricular activities  
Nukkad Natak

Checkout more such videos on:



<https://www.youtube.com/channel/UCs7LWGwmMDuKrQDYbOTDpDA>

## INTERVIEW OF AN EX-MVPIAN



### LAKHAN KABRA

Assistant Manager,  
Credit & Fraud Risk,  
American Express

#### Let us know about your school life, your family and your achievements.

From Jr. KG to 12th, Maheshwari Vidyapeeth was truly my second home. Every corner of the school holds a memory. My teachers were more than educators; they were mentors who not only nurtured my academic growth but also shaped my character. It was here that a flame of curiosity was lit, inspiring me to learn more, ask more, and understand the world better. Looking back, Maheshwari Vidyapeeth laid the foundation for the person I am today. My family, especially my parents, always encouraged me to give my best and aim higher. They've stood by me through every high and low. My sister, who also completed her schooling at Maheshwari Vidyapeeth, is now pursuing her MBA from XLRI, Jamshedpur. After completing my schooling, I pursued my B.Tech from SVNIT and later earned my MBA from FMS, Delhi. Currently, I am working as an Assistant Manager at American Express.

#### According to you, what should be given more importance - Ambition, Success, Work or Money?

For me, there is no single correct answer when it comes to Ambition, Success, Work, or Money. Each one holds its own significance, and the key lies in understanding their importance and maintaining a careful balance between them. Ambition drives us to set goals and strive for personal growth. Success, in turn, is the outcome of our hard work and perseverance. However, success is not just about achieving milestones; it's about the lessons learned along the way. Work is the foundation that transforms ambition into success, and without dedication, no amount of ambition can lead to meaningful achievements. Money, while often seen as a measure of success, is simply a tool—important for security and comfort, but not the ultimate goal. For me, it's about managing these aspects thoughtfully, so that none overshadows the other.

#### What message would you like to impart to the students of MVP?

To the students of MVP, my message is to cherish your school years. This is the time to make lifelong friends, create unforgettable memories, and most importantly, learn both inside and outside the classroom. While academics are important, don't forget to enjoy the journey, participate in activities, and build strong relationships. These moments shape who you become, so make the most of them.

#### Can you tell any one incident that you still remember of your school life? How did you overcome obstacles in your journey to success?

There are so many memories from my school days—though some I probably shouldn't share. One that stands out vividly is the science exhibition in 8th standard, where my friends and I built a rocket using water bottles and launched it using the principles of hydraulic pressure. I still vividly remember the excitement as the rocket took off, and the whole school was amazed. It was a moment of pride and a project that remains unforgettable.

Resilience and optimism are the two guiding principles of my life. When faced with difficulties, I chose not to be discouraged but instead viewed these obstacles as opportunities to learn and grow. I actively sought help from my mentors, teachers, and peers, recognizing the importance of collaboration and support. I came to understand that life is a journey, and sometimes it's perfectly okay to take one step at a time. This perspective reassured me that moving forward, even slowly, is far better than standing still.

#### Who is your role-model and which qualities of his or her fascinated you?

I have no particular individual in mind. Instead, I admire people who embody a "never give up" attitude and bravely face adversity. I've witnessed this resilience in my parents and friends throughout my life, and their strength in overcoming challenges truly inspires me. The ability to redeem oneself from difficult situations motivates me to maintain a positive outlook. I deeply respect and strive to embody the quality of rising above difficulties.

#### How did your school help in achieving your dreams?

"If you make a mistake, make sure it's a new one." This quote is one I learned early in my school life, and I believe it represents the foundation of my learning journey. It taught me not to fear mistakes but to embrace them as opportunities for growth. My teachers were always there to support me, encouraging my curiosity and helping me understand difficult concepts. This nurturing environment allowed me to ask questions freely, learn from my experiences, and develop a strong desire to grow both academically and personally.

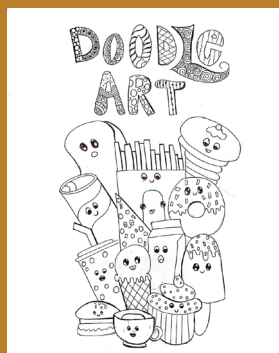
## BLOSSOM BUDS



MUSKAN  
LAHOTI  
IV-A



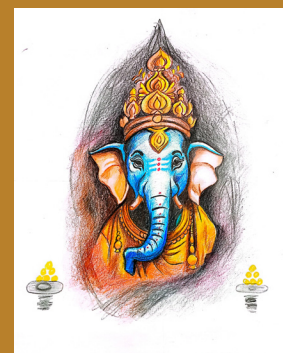
JINISHA  
SANGANI  
V-C



PANKHURI  
SARAF  
IV-A



POOJA  
KAMBLE  
VI-B



SHAKTI  
KELA  
IV-A



# CO-CURRICULAR ACTIVITIES



## PHOTO CLICK



**NIKHAR  
SARMA  
Class XII-A**

**RIDDLE ANSWER:  
COMB**



## मन बनाएं निर्मल

मन स्थिति निर्मल है, तो परिस्थिति कुछ नहीं बिगाड़ सकती। अज्ञानी परिस्थिति का रोना रोता है और ज्ञानी अपनी परिस्थिति का ध्यान रखता है। हर हाल में अपनी स्थिति को ठीक रखो। यदि अपनी मन स्थिति का संतुलन बनाने की कला सीख ली, तो हर हाल में मस्त जीने का आनंद ले सकते हो। वस्तुतः जीने के आनंद का रस ही इसमें है कि अपने आप को हर परिस्थिति में डाल लो। पानी को जिस बर्तन में डालो पानी समा जाता है। बर्फ को डाल सकते हो हर किसी बर्तन में? बर्फ के आकार के बर्तन चाहिए, तो वह उसमें समायेगी। बर्फ सब जगह समायोजित नहीं होती, पानी सब जगह समायोजित हो जाता है। इसलिए अपने मन को पानी की तरह निर्मल बना लो। हर परिस्थिति में समायोजित हो जाओगे।

**MONIKA MAHESHWARI**  
PRT

## LIKE A PALE LEAF

Ready to be shed  
All the green in me  
Has now left  
That  
Which meant everything  
Is Over.  
The bubble in which I lived  
Is finally over  
I've learned my lesson  
The epistemology of moving on  
Is a gift  
Which has been  
Given to me  
No wonder  
No matter  
How much I cry now  
Once what I had  
Is now lost  
No regret  
No resent  
Even a shrink of it  
Is left in me  
I've come  
To that  
In peace  
Like a pale leaf

**MALHAR**  
**PACHCHIGAR**  
Class XII-A



## CANVAS PAINTING

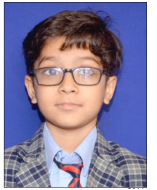


**ARATI DESAI**  
PRT

## THE MENTAL HEALTH BENIFITS

The mental health benefits of doing sports emphasis on the importance of prioritizing mental health through physical activity is required. The mental health benefits of participating in sports cannot be overstated. While physical health benefits such as improved cardiovascular health, weight management, and enhanced physical strength often take the forefront, the impact that sports can have on mental well-being is equally profound. Engaging in sports has been linked to a range of mental health benefits. One of the most prominent advantages is stress reduction. The physical activity involved in sports triggers the release of endorphins, often referred to as the "feel-good" hormones, which help alleviate stress and improve overall mood. This can lead to a significant reduction in feelings of anxiety and depression, making sports a powerful tool in managing mental health conditions. Furthermore, participating in sports has been shown to enhance mood and increase self-esteem and confidence. The sense of achievement that comes with mastering a new skill or reaching a personal fitness goal can have a positive impact on self-perception and self-worth. This, in turn, can boost confidence levels and help individuals develop a more positive outlook on life.

**AARAV**  
**MAHESHWARI**  
Class V-C



## CONTACT US

Send your written work (Under 120 words), artwork, photographs and video of hymns, recitation, song, dance, story telling, recipes, DIY at  
[mvp.newsletter2019@gmail.com](mailto:mvp.newsletter2019@gmail.com) | Do check our e-version at [www.mvpsurat.com](http://www.mvpsurat.com)

**“There is only one thing that makes a dream impossible to achieve: the fear of failure”**  
– Paulo Coelho



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