

## PRINCIPAL'S MESSAGE

**“If a child can't learn the way we teach, maybe we should teach the way they learn” - Ignacio Estrada.**

Students have pledged to be the custodians of their cherished institution and uphold its ideals. While providing the finest mentorship for excellence in academics, culture and aesthetics, MVP engenders the responsibility in each student to be the light for others, to lead fearlessly, and to lead with a conscience. The teachers of MVP have endeavoured to find the potential of each child, who is a born genius.

As children embark on journeys unto the unknown, we should fill their young hearts with courage and conviction. We must equip them with the skills and abilities. We should provide them an environment conducive to learning, imagining and achieving. We expect them to meet academic excellence, holistic development, and responsible citizenship.

Through the synergised efforts of teachers and parents, we should ensure that they soar to great heights and create a world full of peace and harmony.



Principal  
Sarika Singh

## FIT INDIA



**FIT INDIA** **G20** **भारत 2023 INDIA** **Government of India** **Ministry of Youth Affairs and Sports** **75** **Azadi Ka** **Amrit Mahotsav** **KHELO INDIA**

# Fit India Quiz 2023

India's Biggest Quiz on Sports & Fitness

## SBR MAHESHWARI VIDYAPEETH SURAT

**Gujarat Champion for Third Consecutive Year**

**Congratulations**

**Pratik Singh** **Harsh Bhouwala**

+919512430043 [www.mvpsurat.com](http://www.mvpsurat.com) [principal@mvpsurat.com](mailto:principal@mvpsurat.com)

Behind Rudhnath Temple, Dumas Road, Surat, Gujarat 395007

## TOPPERS OF CLASS X AND CLASS XII



**SHREEYADEVI BHAGIRATH RATHI  
MAHESHWARI VIDYAPEETH**  
(AN INSTITUTION OF SHREE MAHESHWARI SHIKSHAN SANSTHAN)  
Behind Rundhnath Temple, Dumas Road Surat-395007  
Contact: 7874430043, 9512430043 Website: www.mvpsurat.com  
Affiliated to CBSE No.: 430043

Team SBR Maheshwari Vidyapeeth congratulates students of class X for achieving 100% Result in CBSE Examination 2023-24.

**:- Key Highlights of the Result :-**

Total Appeared : 156      Passed: 156/156 (100%)  
90% & Above: 50/156      75% & Above: 122/156  
First Division: 156/156 :      School Average: 83.4  
100/100    Social Science-01, Mathematics-03, Science 03

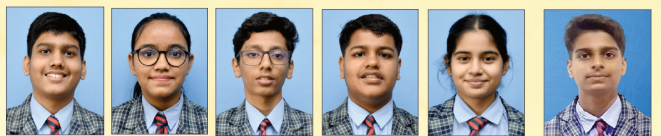
### CLASS - X



**NAMAN KHATRI** 97.4%    **MIRAJ PARTANI** 97.2%    **ADITI ARORA** 97%    **NAINA GATTANI** 97%    **HARSHIT KASAT** 96.6%    **GARV KASAT** 95.8%



**AARNA BALDI** 95.8%    **NISHIKA BAHETI** 95.4%    **DRISHTI SHARMA** 95%    **NIDHI KABRA** 95%    **TAASHI MUKESH BABEL** 95%    **TEERTHA MOGRA** 94.8%



**SHLOK TULSYAN** 94.8%    **CHAHAK CHANDAK** 94.8%    **KUSHAGRA GUPTA** 94.8%    **TANUJ YUGAL MUNDHRA** 94.8%    **KANISHKA KOTHARI** 94.2%    **HARSHIL JAIN** 94%



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Team SBR Maheshwari Vidyapeeth congratulates students of class XII for achieving 100% Result in CBSE Examination 2023-24.

**:- Key Highlights of the Result :-**

Total Appeared : 151/151      Passed: 151/151 (100%)  
90% & Above: 65/151      75% & Above: 141/151  
First Division: 151/151      School Average: 87  
100/100- English-1, Physics-1, Economics-1, Business Studies-3, Accountancy-4, Informatics Practices-5

### CLASS XII-COMMERCE STREAM



**PRAVIT RATHI**  
98.2%



**NIDHI AGARWAL** 97.6%    **PRIYANSHU DAGA** 97.4%    **SOUMYA KOCHAR** 97.2%    **PURVI GOLECHHA** 96.6%    **GAURANG BAHETI** 96.4%    **KARN DUTT FULARA** 96.2%



**BHUMI RATHI** 96.2%    **SIMAR JUNEJA** 96.2%    **KOMAL SOMANI** 96%    **PRANEET RANDE** 96%    **SUHANU KOTHARI** 96%    **SIMRAN BAHETI** 95.8%    **JASIKA NAGORI** 95.8%    **SUBHAM DEORA** 95.8%



**PURVANSH BALDI** 95.6%    **SIYA RATHI** 95.4%    **ANAND SADANI** 95.4%    **JAGRUT RATHI** 95.4%    **VISHAL PERIWAL** 95.2%    **ADITI MUNDHRA** 95.2%    **RAKHI MALANI** 95.2%    **SHAGUN KEDIA** 95%

### CLASS XII-SCIENCE STREAM



**AMRITANSHA SINHA**  
98.6%



**SRUSHTI MALVADKAR** 96.2%    **HETVI BHATT** 95.8%    **JANHVI PARMAR** 94%    **SHRIYA AGRAWAL** 90.4%

## ORIENTATION FOR PARENTS



## ORIENTATION FOR TEACHERS



# CO-CURRICULAR ACTIVITY

## PERSUASIVE WRITING



## CARD MAKING



## DRAWING



## ELOCUTION



## POSTER MAKING



## SOLO SINGING



## YOGA DAY CELEBRATION



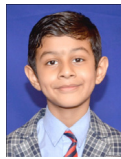
## VEGETABLE GOLD COIN

### INGREDIENTS:

250 grams dry fruits, 7 tbsp. oil, 1 tsp. salt, 1 cup flour, 1/2 tsp. salt, 1/4 tsp. black pepper powder, 3 potatoes boiled, 1 cup boiled peas, 2 ginger, 2 green chillies, 1/2 tsp. garam masala, 1 tsp. lemon juice, salt as per taste, 1 cup bread crumbs, oil for frying



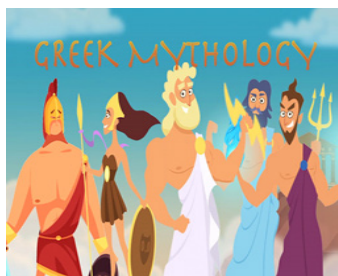
- Mix salt and oil in flour and make samosa like dough.
- Grate the potatoes and crush the peas and mix both.
- Make a paste of ginger and green chilly and mix it in potatoes and also add salt, hot juice and lemon juice.
- Divide the kneaded flour and potatoes into four parts.
- Roll out a ball of dough a little thicker than a samosa puri and spread the masala. Fry the coins till golden brown.



**Kunal  
Gulgulia**  
V - A

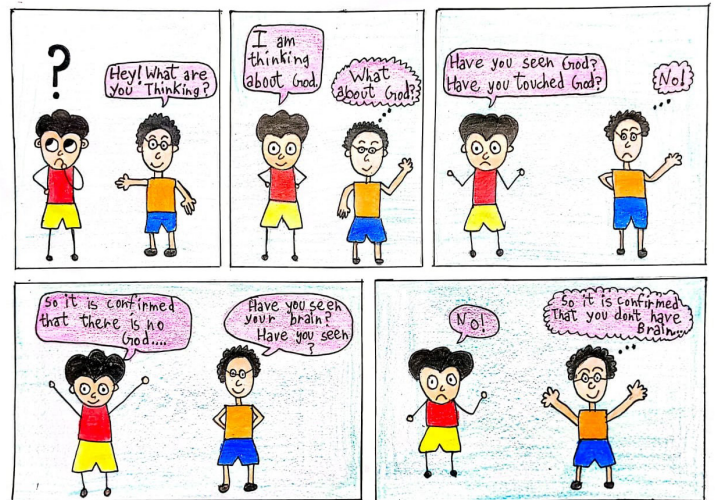
## GOD MYTHOLOGY

Ancient Greek mythology is a vast group of legends about god and goddesses, heroes, monsters, warriors, that were an important part of everyday practices in ancient world. Greek mythology is the body of myths originally told by the ancient Greek authors and a genre of ancient Greek. The ancient Greek authors told about the figure of God. They told that god is a supernatural being considered to be sacred and worshiped because of having a control and authority over the universe and natural life. Greek myths often explained everything from religious rituals and gave meaning to the world. Many of these myths were related to fanciful tales such as legends of greedy king Midas and other stories like Trojan war that have a historical fact. There is no single original text like Christian Bible or the Hindu Vedas that has introduced all Greek myths characters and their stories. The earliest Greek myths were part of an oral tradition that began in Bronze age. The first written cosmogony or origin story of Greek mythology was given by poet Hesiod Theogony. He told the story of the universe's journey from nothingness. Mythological figures and events appeared in the 5th century in the form of poems and Ballads. Later Greek writers and artists used and elaborated upon these sources in their own work.



**Yashvik  
Arora**  
VIII - C

## COMIC



Mahi Jaiou I-C Shivaji



**Mahi  
Jajoo**  
V - C

## REIKI

### 5 POTENTIAL HEALTH BENEFITS OF REIKI

Reiki is a complementary therapy that involves encouraging a healthy flow of energy in the body to lower stress and promote healing.



Improved mood and emotional well-being

Reduced stress and increased relaxation

Better sleep, improved insomnia symptoms

For people undergoing surgery, lower blood pressure, anxiety, and pain rates

For people with cancer, improved anxiety and pain management

The word "Reiki" means "mysterious atmosphere, miraculous sign." It comes from the Japanese words "rei," meaning universal, and "ki," meaning life energy.

Reiki is a type of energy healing. According to practitioners, energy can stagnate in the body where there has been physical injury or even

emotional pain. In time, these energy blocks can cause illness.

It's based on the idea that we all have an unseen "life force energy" that flows through our bodies, according to the International Centre for Reiki Training. A Reiki practitioner gently moves her hands just above or on the client's cloth body, with the intention of reducing stress and promoting healing by encouraging a healthy flow of energy.

Reiki practice may help with a variety of physical and emotional problems, including insomnia, stress, depression, anxiety and pain.



**Kaavi  
Shah**  
XII - A

## INTERVIEW OF AN EX-MVPIAN

**Let us know about your school life, your family and your achievements.**



**ROHAN BIHANI**

Pune  
Authorized Officer,  
Credit Suisse

I enrolled in Maheshwari Vidyapeeth in its inaugural year and in the first batch to read from Jr. KG to 12th Standard. Me and the school grew together and I have seen it change throughout these years. I made many memories in the corridors, classrooms, and playground.

My mother is the backbone of my family. She has always blessed me with her wisdom and showed me the way when I felt lost. My father has been a pillar of strength and has taught me to understand what is right and what is wrong. I have a younger brother, who has also studied in the school and like all brothers, we fight, we argue, but at the end of the day we are there for each other. I have been grateful for all the support from my family, teachers, and friends, who motivated and guided me to push my limits and become a Chartered Accountant. I had worked for PwC and now I am associated with Credit Suisse (Swiss bank). But I feel there's much to conquer and bigger milestones to achieve.

**According to you, what should be given more importance - Ambition, Success, Work or Money?**

I feel it's difficult to give importance to just one thing - ambition, success, work, or money. Parameters for success are different for everyone. What I focus on, is to work hard and work smart and be a better version of myself every day. Getting successful in your conquests, and earning a ton of money is not in your hands, but what can make these possible is your efforts and that's the one should emphasize.

**How did your school help in achieving your dreams?**

Growing up and seeing the council members being appointed every year, I had a dream to be a member of the council member. However, it didn't happen for me, which made me realize that being good at academics doesn't guarantee you will be successful in every aspect of your life. To reach a place of strength and leadership you need to develop skills in addition to academics and explore your potential. That setback taught me, that you might fail sometimes, however its important to learn from it and try to overcome your weaknesses.

**What message would you like to impart to the students of MVP?**

When I was a kid, I wanted to grow up and live life on my terms, earn handsomely and spend without giving a thought, and have some independence. But now I feel the days I left behind were the golden days and I would do anything to live those days again. The stress during school life was just not doing the homework on time, oiling your hair, or getting bad grades but you had your friends with you throughout that journey who made this journey memorable. So, I would say cherish this period, enjoy with your friends, and make tons of memories.

**How did you overcome obstacles in your journey to success ?**

Success is not a destination, it's a journey and I am still trying to make my way through it. There are challenges all along the way and still more to come but having faith in myself and god has helped me manage to overcome these challenges. I can fail but I won't quit till I succeed has pushed me to keep trying again and again. Also, constant support from my family and friends have helped me throughout my journey.

**Can you tell any one incident that you still remember of your school life?**

The memory of school life that will stay with me forever is the mathematics class in 11th standard where I made a blunder and I genuinely thought that I had a genuine doubt. Everybody laughed for the entire day. To this date, my friends would make fun of my division skills and I don't think they will let me forget the whole incident ever.

**Who is your role-model and which qualities of his or her fascinated you?**

Every person who came into my life has taught me something or the other, but my cousin would be the person that I look up to. He has taught me to stay humble, never judge a person on his/her worst day, and have empathy towards everyone. His golden words that I live by are - People won't remember you for your success but for how you treat them.

### RIDDLE

**WHAT RUNS AROUND YOUR BACKYARD BUT NEVER MOVES?**

## TECH PULSE DIGITAL TWIN



Imagine a world where you have a perfect replica of anything you can think of, this isn't science fiction; it's the power of digital twins. A digital twin is a virtual representation of a physical object, process, or system. It utilizes real-time data and simulation algorithms to mimic the behavior, characteristics, and performance of its real-world counterpart.

Digital twins have diverse applications across industries. In manufacturing, for example, companies can create digital twins of machinery and production lines to optimize operations, predict maintenance needs, and minimize downtime. Similarly, in healthcare, digital twins of patients can facilitate personalized treatment plans and predictive diagnostics by collecting the data related to the effect of medicine on digital twin. It also used in research work. Doctors can virtually test different medications on the digital twin to see how a patient might react, leading to more targeted and effective treatments. Digital twins provide a virtual environment for testing new ideas, products, and processes, enabling rapid innovation and experimentation. While digital twins offer significant advantages, their implementation comes with challenges, including data security and privacy concerns, interoperability issues, and the need for robust infrastructure and expertise.

From enabling autonomous systems and smart infrastructure to revolutionizing personalized medicine and predictive analytics, the possibilities are endless.

## EXAMINATION

Oh .....! It's examination,  
Complete exasperation.  
What a botheration!  
For young generation.  
Must study with concentration.  
English with its composition,  
Math with its calculations.  
Chemistry with its equations.  
Geography with its populations.  
Biology with its classification.  
Physics with its definitions.  
Preparation, Preparation, Preparation.  
With no time for relaxation.



**DRISHTI  
SOMANI**  
VI - A

## FRIENDSHIP

Friendship is like 'Mathematics',  
Friends to add,  
Enemies to subtract,  
Joy to multiply,  
And sorrow to divide.

Friendship is like 'Water',  
Combination of hearts,  
Such as hydrogen and oxygen,  
Both save life,  
Create new life.

Friendship is like China Cup",  
Costly, rich and rare,  
But once it is broken,  
It can't be mended,  
And if mended, the crack remains forever.

Friendship is that,  
Never rains but,  
Always glitters.



**PAYAL  
PRADHAN**  
VI - A

## MVP TALENT



अक्षर और माला खेल (कक्षा -I)



Cyber Safety



English Activity (Daily Routine)



Yoga Day

Checkout more such videos on:



<https://www.youtube.com/channel/UCs7LWGwmMDuKrQDYbOTDpDA>

## The Inspirational Journey of Nita Ambani: A Visionary Leader



In the realm of business and philanthropy, certain individuals stand out not only for their accomplishments but also for the inspiration they provide. Nita Ambani is a renowned businesswoman, philanthropist, and visionary leader. Through her remarkable journey, Nita Ambani has not only shaped industries but also touched countless lives with her compassion and dedication. Nita Ambani was born into a family that valued education, entrepreneurship, and social responsibility. She pursued her education with diligence, earning degrees in business and economics from prestigious institutions, while she honed her skills and developed a keen understanding of global markets.

Nita Ambani's journey as an entrepreneur is a testament to her resilience and innovative spirit. Armed with a vision to create positive change, she ventured into diverse industries, ranging from technology and healthcare to renewable energy and education.

Her vision extends beyond mere profit margins, encompassing a broader commitment to societal well-being and environmental stewardship. Whether in the boardroom or the philanthropic arena, Nita exemplifies the notion that true success is measured not only by personal achievements but also by the positive impact one leaves on society. Through her entrepreneurial endeavours, philanthropic initiatives, and visionary leadership, she has emerged as a role model for aspiring leaders and change makers everywhere. Nita's story reminds us that with passion, determination, and a commitment to making a difference, anything is possible. As we reflect on her remarkable contributions, let us draw inspiration from her example and strive to create a brighter, more compassionate world for generations to come.



**VASSUNDHARA  
MATHUR**  
XII - A

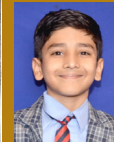
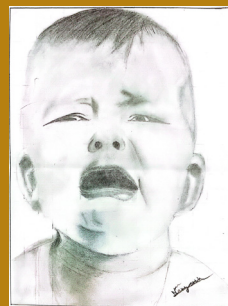
## BLOSSOM BUDS



**Geet  
Chandak**  
IX - D



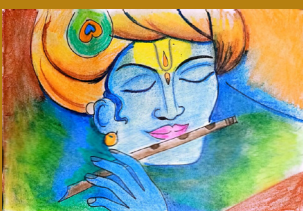
**Kirti  
Begani**  
IX - D



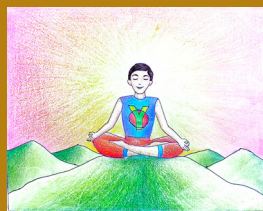
**Navyansh  
Dalmia**  
V - A



**Photo click  
Kanak  
Baheti**  
XII - B



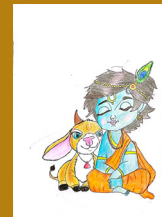
**Meet  
Kothari**  
V - C



**Parva  
Bothra**  
IV - C



**Shanaya  
Jhavar**  
V - C



**Tanish  
Agarwal**  
V - A

## Teacher's Column: Mind v/s Heart

You, my heart, are the culprit.  
 Your greed is endless.  
 It's never enough with you  
 Not enough people  
 Not enough love  
 Not enough attention  
 You wander into prohibited territories,  
 And I pay the price for it.  
 You, my mind,  
 You should pack your bags and leave,  
 Your only job is to keep me sane,  
 All you do is suffocate me  
 Running endlessly  
 Not stopping for me to breathe.  
 Now, where do I run for justice?  
 Is there a consumer protection act for the soul?  
 This is going to be a tough trial.  
 Heart v/s Mind.  
 Mind v/s Mind.  
 Me v/s Me.

**-SHEETAL AGARWAL  
PRT**

## सुविचार

अपना जुनून तलाशना अपनी क्षमता को उजागर करने कि कुंजी है। विभिन्न गतिविधियों, रुचियों और शौकों का पता लगाने के लिए समय निकालें और जानें कि वास्तव में क्या चीज़ आपको उत्साहित और प्रेरित करती है। एक बार जब आपको अपना जुनून मिल जाए, तो समर्पण और उत्साह के साथ उसका पीछा करें।

**-KIRAN BIHANI  
PRT**

## MEMORIES

Memories, like wisps of smoke,  
 Drifting in and out of mind,  
 Some are bright and clear as day,  
 Others faded, hard to find.

Memories of laughter and joy,  
 Of love that felt so true,  
 Of moments that we shared with those,  
 Who had said adieu.

Memories of struggles and pain,  
 Of tears we shed alone,  
 Of hardships that we overcame,  
 To make hearts our home.

Memories of childhood days,  
 Of innocence and wonder,  
 Of dreams that we held in our hearts,  
 And story that we weave with thunder.

Memories, they shape our lives,  
 In ways we cannot measure,  
 They're woven into our very souls,  
 A treasure we'll always treasure.



**Janhavi  
Maheshwari  
XII - D**

## RIDDLE ANSWER: THE FENCE



## CONTACT US

Send your written work (Under 120 words), artwork, photographs and video of hymns, recitation, song, dance, story telling, recipes, DIY at

[mvp.newsletter2019@gmail.com](mailto:mvp.newsletter2019@gmail.com)

Do check our e-version at [www.mvpsurat.com](http://www.mvpsurat.com)

**“For good ideas and true innovation, you need human interaction, conflict, argument, debate.”**

**– Margaret Heffernan**



## SHREEYADEVI BHAGIRATH RATHI MAHESHWARI VIDYAPEETH

(An Institution of Shree Maheshwari Shikshan Sansthan)  
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