

# **PRATIBIMB**



Change comes from Reflection

### PRINCIPAL'S MESSAGE



Gandhi

India is the land of culture and tradition and is one of the oldest civilizations in the world.

There is cultural diversity throughout the country. The South, North, and Northeast have their own distinct cultures and almost every state has carved out its own cultural niche. India is a vast country, having variety of geographical features and climatic conditions. A secular country where many culture and religions are flourishing with peace and prosperity. India is home to some of the most ancient civilizations, including four major world religions, Hinduism, Buddhism, Jainism and Sikhism.

"A nation's culture resides in the hearts and in the soul of its people." - Mahatma

In India manners and etiquettes, the style of communication, values and beliefs are vital components of

values make you think in a larger perspective, on a larger canvas, and that's what makes a better person.

Principal One of the greatest of these is family values, which encompass and include a whole universe. Family Mrs. Sarika Singh

Remember that, it's not the money you earn that gets respect, it's not knowledge alone – only when they are combined with values, human values, a feeling for others, can you become a better person, a better human being.

### **GRAND PARENT'S DAY**



To honour grandparents, grandparents day was celebrated virtually with abundance of love and admiration. The programme started with a prayer followed by shlok, welcome song, dance, speech, one minute activity and tambola game. Grandparents were very happy and few of them came forward and appreciated the programme. It was a great fun.

### **STARS OF MVP**



2nd Position in Essay **Writing Competition** organised by **Gujarat Government** 

Maulik Jain of Class 11 A participated in essay writing competition organised by Gujarat government on the topic 'Corona Warriors of Gujarat'. He secured second position amongst 700 participants. He received cash prize worth ₹11000/-.

1st in Debate Competition held at G.D. Goenka International School, Surat



**PRANJAL PATEL** CLASS 10 A



**SHRUTI SONI** CLASS 11 D

2nd in Inter-School Maths Quiz held at Shanti Asiatic School, Surat



**DIVYAM KABRA** CLASS 8 B

### **EVENTS & ACTIVITIES**



**Diwali Competition:** Online Diwali Competition was conducted with a great zeal. To add to the festive fervour students of Pre Primary section made festoon, edible diya, rangoli, lantern decoration, wall hanging, Diwali card decoration etc.



**Art & Craft Activity:** Art and craft enables children to create artwork on their own. Such activities help students explore their innovative ideas and enhance their imagination and creativity.



**World Environment Day:** On the occasion of World Environment Day, the students of Pre Primary section took part in different activities. The purpose behind this activity was to encourage the students to preserve and protect the environment.



Christmas Celebration: Jingle bells, jingle bells, jingle all the way. To add joy and merriment to the Christmas festivities, different activities were organized. Students enjoyed themselves and had fun doing these activities.

#### **Some Interesting Facts:**

- Highest TV tower Pitampura, Delhi
- Largest Cave Temple Kailash Ellora, Maharashtra
- · Largest Animal Fair Sonepur, Bihar
- Longest Corridor Rameshwaram Temple
- Largest Cantilever Bridge Howrah Bridge, Kolkata
- Longest Platform Kharagpur
- Largest Church Saint Cathedral, Goa

- Largest Planetarium Birla Planetarium, Kolkata
- Highest Gateway Buland Darwaza, Fatehpur Sikri
- Highest Dam Bhakra Nangal
- Largest Zoo Zoological Garden, Karnataka
- Largest Exhibition Ground Pragati Maidan, Delhi
- Largest Library National Library, Kolkata
- Longest Train Service Himsagar Express



### **MOTHER**

You are the one who gave me birth.
You are the one who gave me love.
You are the one who lives for me.
You are the one who cooks for me.
You are the one who protects me.
You are my guard.

You are the one who taught me to walk.
You are the one who taught me to talk.
You are the one who taught me to write.
You are the one who taught me to play.
You are the one who taught me to live.
You are my tutor.

You are the one who takes my care.
Your are the one who guides my way.
You are the one who knows me the best.
You are the one who understands my need.
You are the one whom I love the most.

You are world's best mother.



You bury me when I'm alive, you dig me up when I die. What am I?

Search for the answer in this edition only....

### **SATYAGRAH IN 21st CENTUARY**

Satyagraha, that is, Satya ke liye Agraha, holding firmly to truth stands one of the most powerful words in Indian history that paved the way towards Indian independence. The word Satyagraha for Indians during the independence struggle means no less than the word "Ram" used by Vaanar Sena to scale immense ocean.

Mahatma Gandhi associated non violence, love and truth with Satyagraha during early nineties.

But the powers of the word must not be limited to chronicles of independence. A little bend in the perception of the word and we can bring revolution again with the same spell.

Satyagraha holds firmly to truth yet the true meaning of truth is a mere mystery. I believe truth comes from within. If one deeply believes something to be true, then it must be. It can be true that God exists if you truly believe in the notion, else it's just a misconception created for the entertainment of humans.

Similarly, the knowledge of what is right or what is wrong comes from within. Because nothing is black or white, right or wrong anymore in this modern century. It all depends upon the colour of your thoughts and that's what Satyagraha is to the 21st century.

Satyagraha in the 21st century is honesty with self, and performance of humanity that is now buried deep within our hearts. Satyagraha in the 21st century means eradication of the evils of the monstrous tasks we hear in the news everyday, cleanliness of our doubts and misconceptions and letting the truth of humanity within us which consists of human values like love and sympathy and respect bring better of us.

Satyagraha back then was fighting against the colony. Satyagraha today is a fight against our own self in search of our true nature.

Sakshi Deora





#### **BLOSSOM BUDS**



Jennifer Chacko 2 D





Vani Kumari



Rishika Sharma 12 B











Chanchal Kabra 10 C



### **SOLAR COOKER**



Rural India is facing its indigenous problems as far as fuel availability and renewable energy source use is concerned. Moreover, household cooking is done using dried animal excreta or wood logs. The use of such material creates pollution in terms of carbon dioxide emission and ultimately detrimental effects on the health of women involved in cooking. Furthermore, because of the remote location of villages the latest technology of renewable energy harnessing is not able to percolate through the masses. However, if social initiatives are promoted then technological advancements can reach rural India. More often it is observed that rural people are hesitant to accept new technologies and rather such technologies should be cost-effective to promote its proper use. For cooking, there is the ready availability of box type or parabolic solar cooker. But, the cost of such equipment is in the range of ₹2500 to ₹8000 which becomes quite unconvincing for the rural population.

However, if the motto of reuse and recycle is applied and a cooking device that can be made from waste paper and aluminum foil can be made, it would be easier to promote such devices to the rural mass. This project utilizes waste paper material and aluminum foil to manufacture a solar

cooker which can be made and used even by illiterate people.

Moreover, the cost of such a cooker is within ₹100 which is quite feasible.

Vihan Meghpara



## MVP TALENT



Recitation: "Truthfulness" by Yukti Rathi - 3 B



Classical Dance (Odissi) by Sakshi Jain - 9 A



**Declamation: Baal Gangadhar Tilak**by Mukund Kabra - 5 C



Speech: "Empowering Students.." by Chandrakala Rathi - 12 C Checkout more such videos on:





**Shanky Gadia** Motivator and Educator

### **INTERVIEW OF AN EX-MVPIAN**

#### Let us know about your school life, your family and your achievements.

Four initial pillars of a child's life are family, school, friends and teachers, in my life all four have always been a rock solid. School has always been an inspirational ground for me it's clear by the profession I have chosen to be a teacher. I nurture almost hundreds of students of 11 and 12 from commerce field, I'm a teacher and I owe it to my beloved and respected teachers. My family is the most important part of my life, from whom I have inculcated values, moral and dignity towards myself, my society and my profession. I followed my passion and converted it into my profession, where thousands of students I have taught are today successful in their fields.

# Success, Work or Money?

money.

#### Tell us about the hurdles in your journey to success and how did you overcome them.

Positive approach by passing through negative times in life - I have always taken positive approach, it's not easy not a bad life, it's just a bad day.

hurdles.

#### One thing that you feel that life has taught you.

and smile.

#### According to you, what should be Who is your role-model and which qualities of his or her fascinated you?

given more importance - Ambition, There is just a genuine care in his eyes that I cannot clearly articulate. It has allowed him to produce a network of people that admire him. I believe the underlying root of his According to me all three have its own distinct presence with people lies in his enduring character traits. When I look into his importance in my life, I had ambition eyes, I can feel the love he has for others. My father has a love for his family, his work to be a teacher for that I worked and his life. My role model is my dad. I admire his ideals, his words and his actions in hard. Due to my hard work, I'm such a strong way that I want be exactly like him. There is a certain pure manner about successful and success brought me his being that people notice and can't truly understand. Given his understated manner and his humble, unguardedly honest nature, it is hard to articulate such a special character in a human like my father.

> The person responsible for my interest in Mathematics is Mrs. Sarika Singh. Initially I had no great idea to pursue my career as commerce teacher, but she made me understand my potential. Due to her excellent teaching and motivation I developed an interest in the subject to such extent that today I can call myself a mathematician who can answer all problems of say' life or Algebra'.

#### to pass through it but once you decide Could you tell any one thing that you still remember of your school life.

you can do it. I always remember, it's PERCEPTION - yes that's the most important lesson I have learnt from my school life and have endured it till today in my teaching career. I was in the 8th standard, a No complains – 'if I could I would participant from Shivaji House in Inter House Quiz competition. The last question was have never been my mind, I always going to decide the destiny of our team. When asked in the buzzer round," Who is tried to make things happen, popularly called chacha in India? I quickly pressed the buzzer answering it as "Uncle". circumstances have never been my Tomy surprise, the answer was "Jawaharlal Nehru". We lost the quiz, but I'm glad that I learnt a new lesson when my MVP teacher came to me and said, "You were right. We all have our own perceptions in life. You did not fulfil our perception but you were right."

#### One thing that life has taught me is How did the school help in achieving your dreams?

never let success go to your head nor My school, MVP, laid the path for me to enable myself to you like to impart to the failure to your heart. There are turn my dreams into a reality. I always wanted to lead and students of MVP? several forces that operate behind that dream was fulfilled with the selection as a head boy in Follow your dreams, there the scenes which ultimately deliver school, where I learnt how to be a good leader. My school is no short cut to success, the final outcome. What you have in also made me learn an important lesson in life, 'VALUE.' hard work along with your control is — dream, hard work Due to my miserable failure in 12th Science, I learnt value continuous persistence of time, dignity and importance of education. It taught me and proper guidance can right step taken at right time can change your destiny.

# What message would

enlighten your life.

#### **About Santa:**

Santa Claus, also known as Saint Nicholas or Kris Kringle, has a long history steeped in Christmas traditions whose story stretches all the way back to the 3rd century, when Saint Nicholas walked the earth and became the patron saint of children.

### **LETTER TO GANDHIJI**

MVP Dumas Road Surat

5 October, 2020

Dear Gandhiji

I feel honoured to thank you for your untiring struggle which lead us to complete freedom. I remember an instance during your trip to India from South Africa attending the Congress session in Calcutta to plead the cause of the ill-treated Indians in South Africa. The sanitary condition of the Congress camp was horrible. When you spoke to the volunteers, they said; "This is not our job, this is a sweeper's job."You asked for a broom and cleaned the filth. You were then dressed in western clothes. The volunteers were astonished but none came forward to assist you. Years later, when you became the guiding star of the Indian National Congress, volunteers formed a sweeper squad in the Congress camps where for once the Brahmins worked as sweepers.

You did your whole work independently and never took a help and did all your work on your own. I would keep up this principle of yours and would try my maximum to fulfil your dream of 'Clean India'.

Bye!!! Hope your soul would be happy in heaven for your great work.

Yours sincerely
Prajit Nair

### **FAMOUS STRUGGLERS**

#### Soichiro Honda (1906-1991)

The Japanese engineer who established Honda Motors in 1948. In an American Bomb Blast he lost his factory and had lost everything. He was left with nothing to earn a living but he had not lost his faith.

Then he had lost his Auto-Parts Plant in Earthquake. Then also he continued. He purchased a G.I. Engine and installed it in his cycle and made that a motorcycle. His friends liked this type of motorcycle so they had asked Honda to make more like that and it's the point where Soichiro started Honda Motors. But he didn't had money to purchase spare parts so he had mortgaged his wife's jewellery. His wife's sacrifice was not wasted and created a big automobile industry.

#### Sam Walton (1918-1992)

America's Richest Person (in 1985), Sam Walton founder of Walmart Stores. He was from a very poor family. In his childhood at 7, he was selling milk and newspapers in early morning. He had raised and sold rabbits and pigeons. He had learnt everything in his childhood only. Then he had started Walmart and the best thing was that customers would get everything at cheap and was famous for customer services. Sam usually visited his competitors to earn good things from them.

This is how Walmart Stores became world famous.

#### **Fred Smith (1944)**

Founder of Federal Express, popularly known as FedEx, Fred Smith had delivered packets overnight in companies and offices. From birth only Fred was crippled by bone. At the age of 4, he had lost his father. Then he spend all his savings in starting Federal Express. For early five years his company had suffered huge losses. Once he didn't even had enough money to pay salaries to employees. But he didn't give up and made FedEx one of the highest financed startup in US Venture Capital History.

IF YOU'VE NEVER FAILED,
YOU'VE NEVER TRIED ANYTHING NEW.

Akshat Kabra 12 C



### WILL SOCIAL DISTANCING LEAD TO MENTAL DISTANCING?

Social distancing is a term applied to certain actions that are forced by Public Health Officials to stop or slow down the spread of a highly contagious disease. Social distancing measures include limiting large groups of people coming together, closing public places (malls, schools, colleges, etc.) and cancelling large events.

Today, social distancing measures are most often thought about as a way to slow the spread of pandemic "COVID - 19".

Understandably, we may find that social distancing can be boring or frustrating affecting our mood and feelings. We may feel low, worried or have sleeping disorders and might miss being outside with other people or friends.

At times like these, it can be easy to fall into unhealthy patterns of behavior which in turn can make us feel worse.

There are simple things we can do that may help to stay mentally and physically active during this time – Taking break from watching, reading and listening to fake news, hearing stories about the fake news can be upsetting and might affect your mental health. Take care of your body – take deep breath or meditate. Try to eat healthy, well balanced diet. Get plenty of sleep; try to keep up with regular routine. Since, schools are closed, create a schedule for learning and fun activities. Virtual connection (video chat and social media) can help you and your loved ones feel less lonely and isolated.

The outbreak of COVID-19 can be stressful for people. Coping with stress will make you, the people you care about and your community stronger.

Devansh Kothari

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### **MALALA YOUSAFZAI** THE GIRL WHOSTOOD UP FOR EDUCATION



Malala was born on 12th July, 1997 into a Sunni Muslim family in Mingora, Swat district in North-West Pakistan. Her father encouraged her to pursue politics and would discuss social issues with her till late at night.

Malala's impassioned stance on education and women's rights can be traced to her roots.

When she was only 11 years old, she gave her first speech at Peshawar, where she asked, "How dare the Taliban take away my basic right to education?". Thereafter, she started writing a blog anonymously under the pseudonym of 'Gul Makai'. She soon grew popular and openly gave her views on television and newspapers. She was nominated for International Children's Peace Prize by South African activist Desmond Tutu. Seeing her worldwide

growing support, Taliban felt threatened and a gunman shot at her on 9 October, 2012. She was sent to Queen Elizabeth Hospital in England, where she recuperated.

Her assassination bid only strengthened her cause. After this she also said, "With guns you can kill terrorists but with education you can kill terrorism". UN petition 'I am Malala' was launched with the aim to put all the children in school by the end of 2015. She also wrote her own autobiography named, "I am Malala", which became very popular worldwide.

Having many feathers in her cap like winning her country's first Youth Peace Prize, getting the Nobel Peace Prize in, getting the honour to open the world's largest library, the Library of Birmingham, meeting Queen Elizabeth and Barack Obama and his family.

Her name literally means 'grief-stricken', but she chose not to lead a life of subjugation and offered a ray of hope to millions of girls like her. Her kind and selfless deeds for the rights for female education and equality are truly a symbol of inspiration for today's youth. I would like to end this article by her very famous quote which would surely inspire everyone as she says, "One child, one teacher, one book, one pen

can change the world."

Jeet Ariwala 12 A





जो तेरे अंदर के साहस को पहचान लेता है. कोई है जो तेरे हौसलों को उड़ान देता है... छपा नहीं रह सकता किसी फनकार के अंदर, हर फन परिश्रमी को, मैदान देता है... सिर्फ वही बदल सकता है सपनों को हकीकत में, जो शख्स जिंदादिल रहकर अपनी जान देता है... किस्मत भी कांप उठती है उसकी कोशिशों से. जो शख्स जिंदगी को कर्मों का तुफान देता है... कहने को तो इंसान है सिर्फ मिट्टी का पुतला, हीरा है, जो तराशने वाले को शान देता है, यूं तो कितने इंसान हैं यहां एक ही नाम के, अमर है, जो मेहनत से नाम को पहचान देता है..

PRT Monika Maheshwari



PPT Vaishali Kamle

### **TECH PULSE**

#### 5 photo Editing Apps:

- Snapseed
- **Picsart**
- Adobe Lightroom
- VSCO cam
- Afterlight

#### 5 video editing apps:

- Inshot
- Kinemaster
- Vlog Now (VN)
- VivaCut Pro
- Filmora Go

#### 5 apps for design:

- Canva
- Adobe Spark
- Nichi
- **Posters**
- Desygner

#### 5 apps for audio:

- Groovepad
- Music Maker Jam
- BandLab
- Lexis Audio Editor
- Rapchat







#### **GAJAR KA HALWA**



Recipe of "Gajar ka Halwa" by Bhavya Kudal - 6 C

#### **COME HERE**

Come here.
Yes, you.
Sit down, nah.
Just for ten mins,
Come on.
Take a deep breath,
Gasp with me,
absorbing the
symphony of colours
Evidently flirting with the evening sky.
The sunset woven with a thousand soft lights,
Let it touch the brokenness of your heart,
Take the red of dawn,
And let it make you

bleed scarlet.
Close your eyes,
Spread your wings like Icarus,
And rise to conquer the sun,
Rewrite history,
And when you are done basking in
the warmth of your victory,
Come down here,
And sit with me,

Just for ten minutes.

Yash Bubna 12 A



### **AMAZING THINGS OF 2020**

- Pollution levels in New Delhi dropped by 60% just in first week of lockdown.
- After 240 days, bush fires came to a halt in New South Wales, Australia.
- First cheetah cubs were born through in-vitro fertilization at Columbus Zoo and Aquarium.
- Lakshadweep Islands and New Zealand is free of coronavirus cases.
- With humans under lockdown, nature is on the mend.
- Children became micro green farmers.
- Mumbai visitors helped a vegetable vendor to get back on his feet.
- Locals saved several lives in the Air India Crash.
- Kerala teachers taught kids living under a village.
- Goodwill Tribe, an organization, sent letters to those battling with anxiety.
   Palak Saluja

11 C



### कुछ रोचक तथ्य

- 'TYPEWRITER' सबसे लंबा शब्द है जो कि Keyboard पर एक ही लाइन पर टाइप होता है।
- ज्यादातर विज्ञापनों में घड़ी पर १० बजकर १० मिनट का समय दिखाया जाता है।
- पासे पर जो निशान बने होते हैं, उन्हें 'pips' कहा जाता है।
- मंगलकारक स्वस्तिक शब्द सु + अस + क से बना है। 'सु' का अर्थ है 'अच्छा', 'अस' का 'सत्ता' या 'अस्तित्व' और 'क' का 'करने वाला'।
- कोई आपकी बात में रुचि ले रहा है या नहीं, यह जाँचने के लिए अपने हाथ बाँध लीजिए। अगर सामने वाला भी अपने हाथ बाँध ले. तो वह भी बातचीत में रुचि ले रहा है।
- बाएँ हाथ से काम करने वाले लोग दाएं हाथ से काम करने वाले लोगों के मुकाबले में कंप्यूटर गेम्स और खेलों में ज्यादा तेजी से काम करते हैं।
- फलों से संबंधित विज्ञान को अंग्रेज़ी में 'Pomology' और हिंदी में 'फलकृषि विज्ञान' कहा जाता है।
- ज्यादातर पक्षी बैंगनी रंग को नहीं देख पाते हैं इसी कारण शिकारी बैंगनी रंग के कपड़े पहन कर शिकार करते हैं।

  TGT Rupa Joshi

HAPPY NEW YEAR

### **CONTACT US**

Send your written work (Under 120 words), artwork, photographs and videos of hymns, recitation, song, dance, story telling, recipes, DIY at <a href="mailto:mvp.newsletter2019@gmail.com">mvp.newsletter2019@gmail.com</a>

Do check our e-version at www.mvpsurat.com

"When we are open to new possibilities, we find them. Be open and skeptical of everything."

- Todd Kashdan



# SHREEYADEVI BHAGIRATH RATHI MAHESHWARI VIDYAPEETH

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