

## PRESIDENT'S MESSAGE



President  
**Harishankar Tosniwal**

**“An Investment in knowledge pays the best Interest”, said Benjamin Franklin.**

Education is all about “Knowing the Truth”. Our vision is to be acknowledged as an institute which provides quality education with modern teaching techniques but with traditional roots attached to it. Besides academic excellence, the school is committed to inculcate in all its students, strong ethical values of integrity, politeness, kindness and respect for everyone. I firmly believe that education should foster confidence, discipline, clarity in thought and decision-making ability to set and achieve goals, and above all, social responsibility as a life-long process.

The MVP pedagogy backed up with meticulously laid State-of-the-art infrastructure brings excellence in learning, training and placements. MVP students are groomed to think out of the box and engulf articulation, innovation and team work.

I extend my warm wishes to the Principal, Staff and Students to continue this journey in bringing laurels to the school, like they have done in the past and hope they will continue their sincere efforts jointly in achieving the excellence in every field.

## STARS OF MVP

### Kho-Kho Tournament at Green Valley High School, Vadodara



<b>UNDER 17 BOYS</b> 2nd RUNNER UP	<b>UNDER 17 GIRLS</b> 2nd RUNNER UP
<b>UNDER 19 BOYS</b> 1st RUNNER UP	<b>UNDER 19 GIRLS</b> 2nd RUNNER UP

### “Kalakriti” Inter School Dance Competition at Fountainhead School, Surat



<b>CLASSICAL GROUP DANCE</b> 1st POSITION	<b>WESTERN GROUP DANCE</b> 2nd POSITION	
<b>SAKSHI JAIN</b> GOLD MEDAL (CLASSICAL SOLO)	<b>AARNA BALDI</b> SILVER MEDAL (WESTERN SOLO)	<b>DIVYANSHU SABOO</b> BRONZE MEDAL (WESTERN SOLO)

### Kabaddi Tournament at M.K.G.M. School, Karjan



**UNDER 19 TEAM**  
2nd RUNNER UP

### Table Tennis Tournament at Bhagwati International School, Patan



**2nd RUNNER UP**  
**JUGAL SHAH    MEET BANTHIA    SHLOK SABOO**

### Drawing Competition



**MANAV JHAWAR**  
CLASS 5 B

Certificate of Achievement at National Competition (PCRA)



**PALAK SANWAL**  
CLASS 8 A

Consolation Prize at State Level (PGCIL)



## EVENTS & CELEBRATIONS



**Mock Parliament** by the students of class VI to VIII illustrated the working of government at different levels like village, district and states in the school. These acts emphasized on understanding of working of governments and the issues related to them.



**Fit India week** was celebrated from 26/11/19 to 30/11/19, to encourage students to inculcate physical activities and sports in their day to day life. Child centered activities like Martial arts, P.T drills, Aerobics, Yoga, Seminars, were organised.



**Youth Parliament** by the students of class IX to XII was conducted in the auditorium on 22nd October, 2019 with an objective to spread awareness regarding the working of Parliament and political scenario in India.



**Constitution day** was celebrated on 26th November, 2019 in the auditorium. Students of class VI to VIII watched a video regarding making of constitution and also read the preamble which is the spirit of the constitution.



**Children's Day Celebration**  
14th November, 2019



**Navratri Celebration**  
23rd October, 2019



**Christmas Celebration**  
26th December, 2019



## TRIPS / EXCURSION 2019-20



**DHOLA RI DHANI (CLASS 1 TO 4)**



**STATUE OF UNITY (CLASS 5 TO 8)**



**DEV'S CAMP (CLASS 9 TO 12)**



## SCIENCE EXHIBITION



**Science exhibition** was held on 12/10/2019. Around 400 students of classes 6 to 12 participated in the exhibition and presented overall 90 projects/presentations. The Office Bearers, Committee Members of MVP and Parents visited the exhibition. The participants, non-participants and the visitors enjoyed it alot.





## THE INDIAN NAVY

The Indian Navy is the naval branch of the Indian Armed Forces. The 17th-century Maratha emperor Chhatrapati Shivaji Maharaj is considered as the 'Father of the Indian Navy'. The President of India is the Supreme Commander of the Indian Navy. The Chief of Naval Staff Admiral Karambir Singh, a four-star admiral, commands the navy.

Indian Navy was founded in 1612. Its role is of naval warfare, force projection, sealift, and defence. Its Integrated Headquarters, Ministry of Defence (Navy) is at Delhi.

Its motto is शं नो वरुण (Sham No Varunah) which means may the Lord of the Water be auspicious unto us. The Naval Crest consists of the Ashoka emblem, a fowl anchor and a shield, and its navy blue colour. Below the crest is the motto of the Service- 'Shano Varuna'. The colours of the uniform are navy blue and white.

In India, 4th December is celebrated as Navy Day. On this day Indian Navy played a significant role in the bombing of Karachi harbor in the 1971 war i.e. operation Trident which was launched on

December 4. Owing to its success, the day of the attack has been celebrated as Navy Day since then.

*Neha Sarada*  
10 C



*Shlok Bharadia*  
7 A



## HONEY CHILLI POTATO: STARTER

### Ingredients:

- Potato-2(chopped as finger chips)
- Finely chopped garlic and ginger
- Honey
- Cornflour
- Soya sauce
- Red chilli sauce
- Tomato sauce
- Sesame seeds
- Chilli flakes

### Method:

- Keep the chips of potato in salty water for an hour
- Take the potato fingerchips in a bowl, add tomato sauce, chilli sauce, cornflour and chilli flakes and toss it
- Deep fry the finger chips and keep them aside

### For Sauce:

- Take 2 tablespoon oil in a pan and sauté garlic and ginger
- Add ½ tablespoon soya sauce, 3 tablespoon tomato ketchup, 1 tablespoon red chilli sauce and 1 tablespoon honey to it.
- Stir the sauce well.
- Now add the finger chips to the sauce and mix well
- Sprinkle sesame seeds and serve hot.

Potatoes are a good source of vitamins C and B6, manganese, phosphorus, niacin and pantothenic acid. Honey is rich in antioxidants, it can help lower Blood Pressure.

*Khushi Khatod*  
11 B



## BLOSSOM BUDS



*Palaksh Malu*  
4 B



*Mahek Dhooth*  
10 C



## INTERVIEW OF AN EX-MVPIAN



**Ms. Sakshi Jain**  
Centre Manager,  
Intelligent Classes,  
Surat, Gujarat

### Let us know about your school life, your family and your achievements.

There are many images of building in my mind but the image that pops up in my mind when I hear words like 'special' and 'best' is my school. MVP has completely changed my life. When I joined this school in class 7, I was a mediocre, and when I was leaving the school in class 12, I left with my head held high. All teachers were very kind and they taught me lessons of life which I am applying till date.

My father is a businessman and my mother is a home maker. Former has taught me to be ambitious and hardworking and latter has educated me to be humble and honest. My parents have gone through hardships to provide me with the best education and to fulfill my each and every need. Only because of them I could reach at this stage of my life where I am today. My younger brother, also an alumnus of MVP, passed engineering from SVNIT and MBA from IIM-A. Currently he is working as a Plant manager in Cello.

I have completed B.E. in Chemical engineering from SCET Surat. Presently, I am sailing smoothly as a centre head at intelligent classes and have been teaching mathematics and science since 8 years.

### What is your expectation from the students of MVP?

I always believe that the students of MVP should paint their dreams with the brush of diligence and perseverance. Each student of MVP should work for the development of human race and should have a strong vision that can bring a positive change in this world.

### Tell us about the hurdles in your journey to success and how did you overcome them.

Life after marriage is one of the biggest hurdles that every girl has to cross. As after marriage many other responsibilities come up too but here I would like to give credit to my husband who identified the passion in me and allowed me to pursue my teaching.

### What message would you like to impart to the students of MVP?

I would like to impart a philosophy that if you are silent, you will be forgotten. If you do not advance, you will fall back. If you walk away from your challenge today, your self-esteem will forever be scarred, and if you cease to grow even a little, you will become smaller.

### According to you, what should be given more importance-

#### Ambition, Success, Work or Money?

My thoughts have always been constant. Right from my childhood, I believe that if we work on our ambition, we are bound to get success.

### Who is your role-model and which qualities of his or her fascinated you?

Mrs. Sarika Singh, Vice principal of MVP, is the one I look up to and want to become like her. If my memory serves me right, she was my class teacher from 7th to 12th where I had several conversations with her that taught me the importance of hard work and passion in life. She guided me like a mother and that makes her special.

### How did the school help in achieving your dreams?

When I was trudging in my school days, my school inculcated a passion for teaching. Soon it became an obsession and then my profession.

### Could you tell any one thing that you still remember of your school life?

When I walk down my memory lanes I could only recall the lessons that were taught by my teachers.

## एक दिन

एक दिन जो बीता  
क्यों तू यादों पे है जीता  
पल-पल को वो आये  
जीवन में है समायी ।  
एक पतझड़ का आना  
हवा में बह जाना  
उन नाचीज़ यादों को  
फिर एक दिन न याद दिलाना ।  
उस पल की याद आएगी  
एक दिन की बात बताएगी  
जब-जब मन पे छाएगी  
ज्योति या अंधकार बिछाएगी ।  
दिल धड़कते-धड़कते जाएगा  
उस पल की आस लगाएगा  
एक दिन वो कब आएगा  
और फिर वो खिल मुस्काएगा ॥  
एक दिन की ही आस  
खुशियों की है प्यास  
अंदर की बुराइयों का हो विनाश  
एक प्यारी सी मुस्कान हो खास ॥

*Himanshu Pincha*  
*MVP Ex-Student*

**You measure my life in hours and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat. The wind is my enemy. What am I? Search for the answer in this edition only....**



### Guru Nanak Jayanti

Guru Nanak Jayanti is the birth anniversary of Guru Nanak Dev, the founder of the Sikh faith. It falls on the full moon day of the Kartik month.

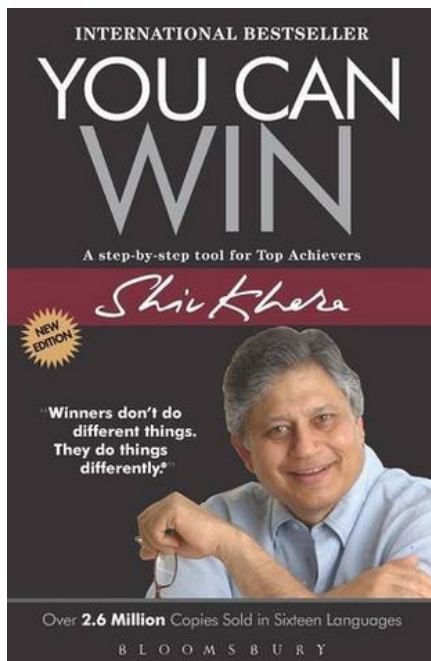






Dhairyya Malu  
1 C

## BOOK REVIEW: YOU CAN WIN



If you are looking for some motivation, something to make you feel cheered a bit, then I strongly recommend the book named, 'You Can Win'. I completely fell in love with this book written by, Shiv Khera. You Can Win is an awe-inspiring book. It never ceases to amaze! Shiv Khera lives up to the book. It has a lot of short stories and many motivational quotes. The one which became most famous was, perhaps printed on the cover page of the book "Winners don't do different things, they do things differently".

It also has a story which is very dear to my heart. There was a man who made his living by selling balloons at a fair. He had many coloured balloons, red, yellow, blue, green, red and green.

Whenever business was slow, he would send a helium filled balloon into the air. When the children saw the balloon go up, they all wanted one. They would come to him to buy a balloon and his sales would go up. All day, he would release a balloon whenever the sales slowed down. One day, the balloon man felt someone tugging at his jacket. He turned around and a little boy asked, "If you release a black balloon, would that also fly?" Moved by the boy's concern, the man replied gently, "Son, it is not the color of the balloon; it is what's inside that makes it go up."

The same principle applies to our lives: it's what inside that counts and what's inside makes us go up.

The book is full of examples of famous people who have made it big in their lives in spite of the hardships. The book is written in inspiring and self-help manner. The book makes us get up, go and work towards our goals.

'You Can Win' is perfect for those looking to pep up their mood.

So, go and grab a copy of this book and enjoy.

Review by:  
Vihaan Jain

8 A



Gautam Daga

11 C



## ELECTRONIC WASTE

Electronic waste or e-waste means discarded electronic or electrical devices. Some common examples are: TVs, monitor, printer, scanner, DVDs, mobiles, cameras, radios, etc.

### Causes of E-Waste:

#### 1) Technology

In modern era technology is growing at a faster pace. New technology results in coming up of new electronic products, this in turn results in more e-wastes.

#### 2) Human mentality

Middle class is becoming more prosperous. As a result there is increase in their capacity to buy electronic items, which when not in use becomes e-waste.

#### 3) Population

With the help of unitary method we can understand that if one person buys one then increase in population will lead to many computers, thus increase in E-waste.

### How to Minimize E waste?

#### 1) Re-evaluate

Try to find out that do we really need all electronic devices. Reduce the use of multiple devices with same functions.

#### 2) Extend the life

Keep your device clean and avoid over-charging.

#### 3) Reuse electronic devices

Like waste we can also reuse e-waste by proper e-waste management techniques.

#### 4) Recycle electronic batteries

One more way to reduce e-waste is to use e-waste recycle bins in your locality.

### How to exchange E-waste?



## RISE OF 'ROHIT SHARMA' IN 2019



I don't think there is a batsman other than Rohit Sharma in the world whom you would see and say, Yes! I remember his innings with joy in 2019. In many ways 2019 has been the year of Rohit Sharma.

He started his innings in 2019 by hitting a century against Australia in the limited over game. Then he came back to the IPL and won the fourth league title for his franchise

Mumbai Indians. This was really a tremendous achievement as when we talk about IPL, we talk more about Chennai super kings. But he made it for his franchise for the fourth time in the history of IPL. He was not only the most remarkable player but also a successful captain of 2019, who won the league title for the fourth time which is the most by any captain in IPL.

He is the only batsman to score five centuries in a single edition of World Cup. The most exciting part of him, other than the five hundreds in the world cup, was watching him open the innings in the Test match cricket, smashing 3 hundreds in the first three matches as an opener including a double ton in the whole series against South Africa.

It hardly matters if we change the ground, the ball or even the format, "2019 is the year of Rohit Sharma in all aspects."

Akshesh Maheshwari

11 B



### दीपावली

दीपावली का त्यौहार कार्तिक मास की अमावस्या को मनाया जाता है। माना जाता है कि दीपावली के दिन अयोध्या के राजा श्रीराम अपने चौदह वर्ष के वनवास को पूर्ण कर अयोध्या लौटे थे। उन्ही के स्वागत में अयोध्यावासियों ने सब जगह घी के दीपक जलाए और खुशियाँ मनाई। तब से आज तक हिन्दू प्रति वर्ष यह प्रकाश-पर्व हर्ष व उल्लास से मनाते हैं।



A beautiful click  
by Nishtha Jain

7 B

## NATURE IS GREAT

We plant a seed that grows in  
A big tree  
Giving us many things  
Fulfilling our day to day needs  
The tree that grows in green  
Having blossoms in pink  
All this just by a seed  
This is not a magic  
But Nature

O Nature you are Great

Shorya Bhaiya

4 B



## एक बेटी की गुहार

हम ही से है दुनिया  
हमें क्यूँ हटाया जाता है  
हम ही से मुस्कान  
हमें क्यूँ रुलाया जाता है  
हम से ही खिलते है फूल आँगन में  
हमें क्यूँ कुचला जाता है  
हमसे ही तो वंश आगे बढ़ता है  
हमें क्यूँ रोका जाता है  
हम ही से है दुनिया  
हमें क्यूँ हटाया जाता है

Nafisa Tai  
Mother Teacher

## IDIOMS

### 1. Have your heart in your mouth

**Meaning:-**

To be scared or frightened.

**Usage:-**

Seeing my younger sister falling from the stairs, I had my heart in my mouth.

### 2. Black sheep of the family.

**Meaning:-**

The most different or the odd one out.

**Usage:-**

While my brothers study, I watch TV, and so I am the black sheep of the family.

### 3. Bull in a china shop.

**Meaning:-**

To be extremely clumsy.

**Usage:-**

My sister is like a bull in a china shop as she breaks something or the other.

Aarav Parwal

4 C



## ANSWER



CANDLE



Every morning you have two options:  
either to continue your sleep and dreams  
or wake up and chase your dreams



Aarzoo Baheti  
12 D



## GLANCING THE WORLD IN A DIFFERENT WAY.

How can you describe the depth of the universe?  
From top to bottom and reverse?  
Compare it with a writer's thought  
And you will find no difference.

How can you describe the capability of Sun?  
Its ability to make things burn?  
Compare it with writer's pen, his weapon  
Which has the potential to melt hearts  
And make heads spin.

How can you describe the decoration of stars?  
Its way to brighten up the dark?  
Just compare it with writer's ink  
Its way of radiating paper in a blink,  
The way it describes things in a perfect sync,  
Its way of glittering everything from inch to inch.

How can you describe importance of beauty?  
The way it enhances every natural duty?  
Just compare it with writer's words  
The way it beautifies all the absurd.

Sakshi Deora  
11 B



### Gandhi Jayanti

Gandhi Jayanti is an event celebrated in India to mark the birth anniversary of Mohandas Gandhi, born 2 October 1869. It is celebrated annually on 2 October, and it is one of the three national holidays of India.



## TWO CENTS' WORTH

'A bird in the hand is worth two in the bush'

### Meaning

The proverb 'A bird in the hand is worth two in the bush' means that it's better to hold onto something you have rather than take the risk of getting something better which may come to nothing.

### Origin - the short version

'A bird in the hand is worth two in the bush' is one of the oldest and best-known proverbs in English. It came into the language in the 15th century. The proverb warns against taking unnecessary risks. It is better to keep what you have (a bird) than to risk getting more and ending with nothing (two birds which are out of your reach).

This proverbial saying is first found in English in John Capgrave's: *The Life of St Katharine of Alexandria*, 1450: John Heywood's 1546 glossary also includes a variant of the proverb:

'Better one byrde in hande than ten in the wood.'

It is Heywood who can be credited as the person who introduced the proverb to the English-speaking world.

The 7th century Aramaic *Story of Ahikar* has text that modern translations render as "Better is a sparrow held tight in the hand than a thousand birds flying about in the air." Plutarch's *Moralia* has text that modern translations give as "He is a fool who leaves things close at hand to follow what is out of reach."

## FACTS ABOUT HUMAN BODY

- The cornea is the only part of the body with no blood supply – it gets its oxygen directly from the air.
- The human body contains enough fat to make seven bars of soap.
- Between birth and death, the human body goes from having 300 bones, to just 206.
- We lose 80% of our body heat from the head.

## CONTACT US

Send your written work (Under 120 words), artwork or photographs at [mvp.newsletter2019@gmail.com](mailto:mvp.newsletter2019@gmail.com)  
Do check our e-version at [www.mvpsurat.com](http://www.mvpsurat.com)

**"Learning is an active process. We learn by doing.  
Only knowledge that is used sticks in your mind."**

- Dale Carnegie



## SHREEYADEVI BHAGIRATH RATHI MAHESHWARI VIDYAPEETH

(An Institution of Shree Maheshwari Shikshan Sansthan)  
B/H Rundhnath Mahadev Temple, Dumas Road, Surat, Gujarat, India  
Tel: (0261) 2727977, 78 Email: [principal@mvpsurat.com](mailto:principal@mvpsurat.com)  
Affiliated to CBSE (No. 430043)